Enhancing Access to Prescription Drug Monitoring Programs

An Introduction to Using Health IT to Combat Prescription Drug Abuse

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Today's Agenda

Project Overview

Pilots & Implementations

Technical Framework

Compelling Vision

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Overview

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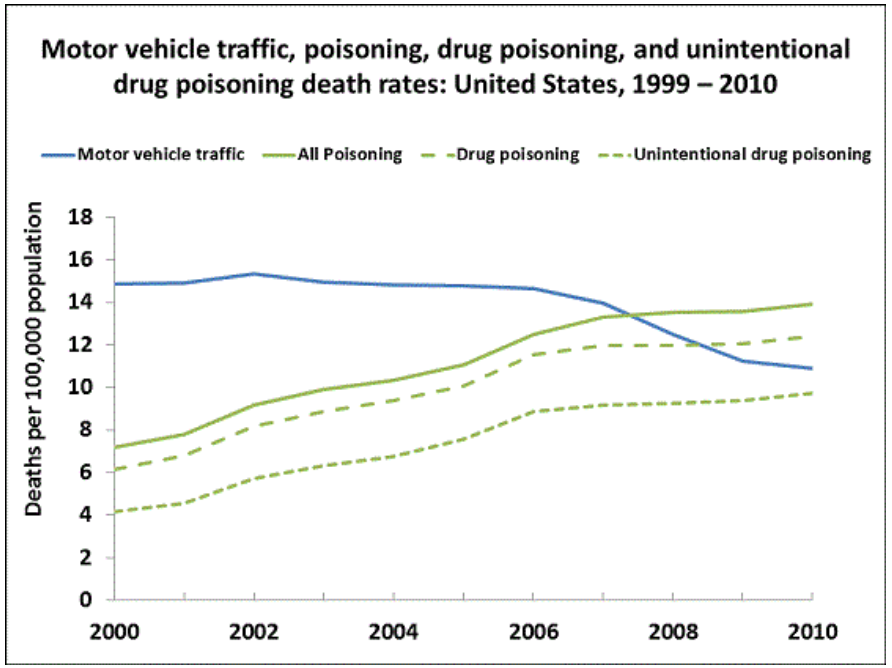
The Problem

- The Centers for Disease Control and Prevention (CDC) declared that deaths from prescription painkillers now outnumber deaths from heroin and cocaine combined

- Prescription drug abuse death is one of the fasting growing public health epidemics, outpacing deaths from traffic fatalities



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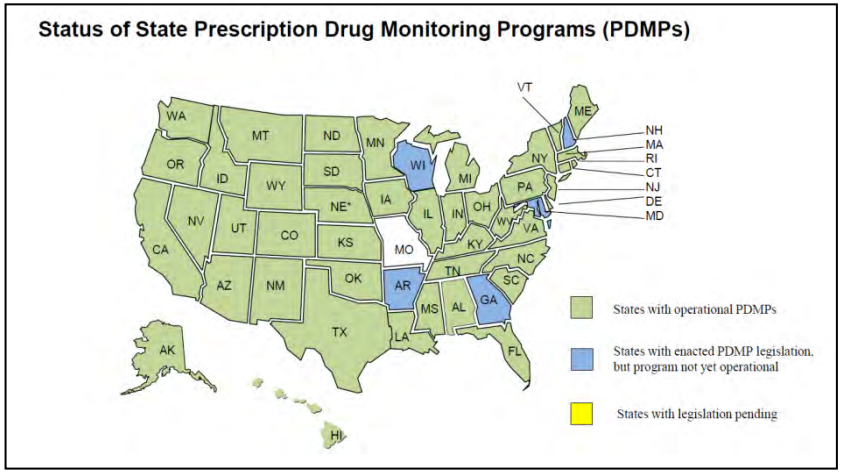
Prescription Drug Monitoring Programs (PDMPs)

- **Many states established PDMPs to address the prescription drug abuse problem**
- **Purpose: To reduce prescription drug abuse and diversion**
- **What: Statewide electronic databases**
  - Collect, monitor, and analyze electronically transmitted dispensing data on controlled substances
- **Who: Authorized healthcare professionals**
  - Physicians (known as prescribers)
  - Pharmacists (known as dispensers)
  - Other authorized healthcare professionals



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This information was compiled using legal databases, state agency websites and direct communications with state PDMP representatives.

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PDMP Value

- **PDMPs contain useful information**
  - Identify patients who are potentially **abusing or diverting** prescription drugs
  - Inform **clinical decisions** regarding controlled substances
- **The issue is how to make this information more available to three key groups of clinical decision-makers:**

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The Story So Far

White House Roundtable on Health IT & Prescription Drug Abuse: June 3, 2011

Federal & State Partners

SAMHSA

The Office of the National Coordinator for Health Information Technology

CDC

BJA Bureau of Justice Assistance U.S. Department of Justice

State Participants

Stakeholders

RelayHealth

RITE AID

Walmart

surescripts The Nation's E-Prescription Network

Walgreens

CVS/pharmacy

Organizations

Alliance of States with Prescription Monitoring Programs

NAMSDL National Alliance for Model State Drug Laws

IJIS Institute

Action Plan

ACTION PLAN FOR IMPROVING ACCESS TO PRESCRIPTION DRUG MONITORING PROGRAMS THROUGH HEALTH INFORMATION TECHNOLOGY

Presented to
The Behavioral Health Coordinating Committee,
Department of Health and Human Services
through
The Pharmaceutical Abuse Subcommittee
by the
Prescription Drug Abuse and
Health Information Technology Work Group

JUNE 30, 2011

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Situation Today

- **Providers and dispensers need prescription drug history information to improve clinical decision-making**
  - They don't receive the controlled substance history needed from PDMPs
- **Health IT is the link to connect prescribers and dispensers with the valuable data in PDMPs**
- **From the local to national level – never a greater time of action centered around PDMPs and their value**
- **Increasing number of projects centered on PDMPs and health IT connectivity**

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Project Goals

Work Groups

Provide recommendations and pilot input

Pilots

Test the feasibility of using health IT to enhance PDMP access

Connect PDMPs to health IT with **existing technologies**

Improve **timely access** to PDMP data

Establish standards for facilitating information exchange

Reduce prescription drug misuse and overdose in the United States

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Work Groups

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Work Group Engagement

Types

- Academic
- Data Provider
- Federal Partner
- Health Information Exchange
- Interest Group
- PDMP Software Vendor
- Pharmacy Benefits Manager
- Pharmacy Retailer
- Standards Organization
- State PDMP

94
People

53
Organizations

42
Telephone and In-Person Meetings
(in 2.5 months)

5 Work Groups

- Data Content and Vocabulary
- Data Transport
- User Interface

- Law and Policy
- Business Agreements

48 recommendations and 11 artifacts for use

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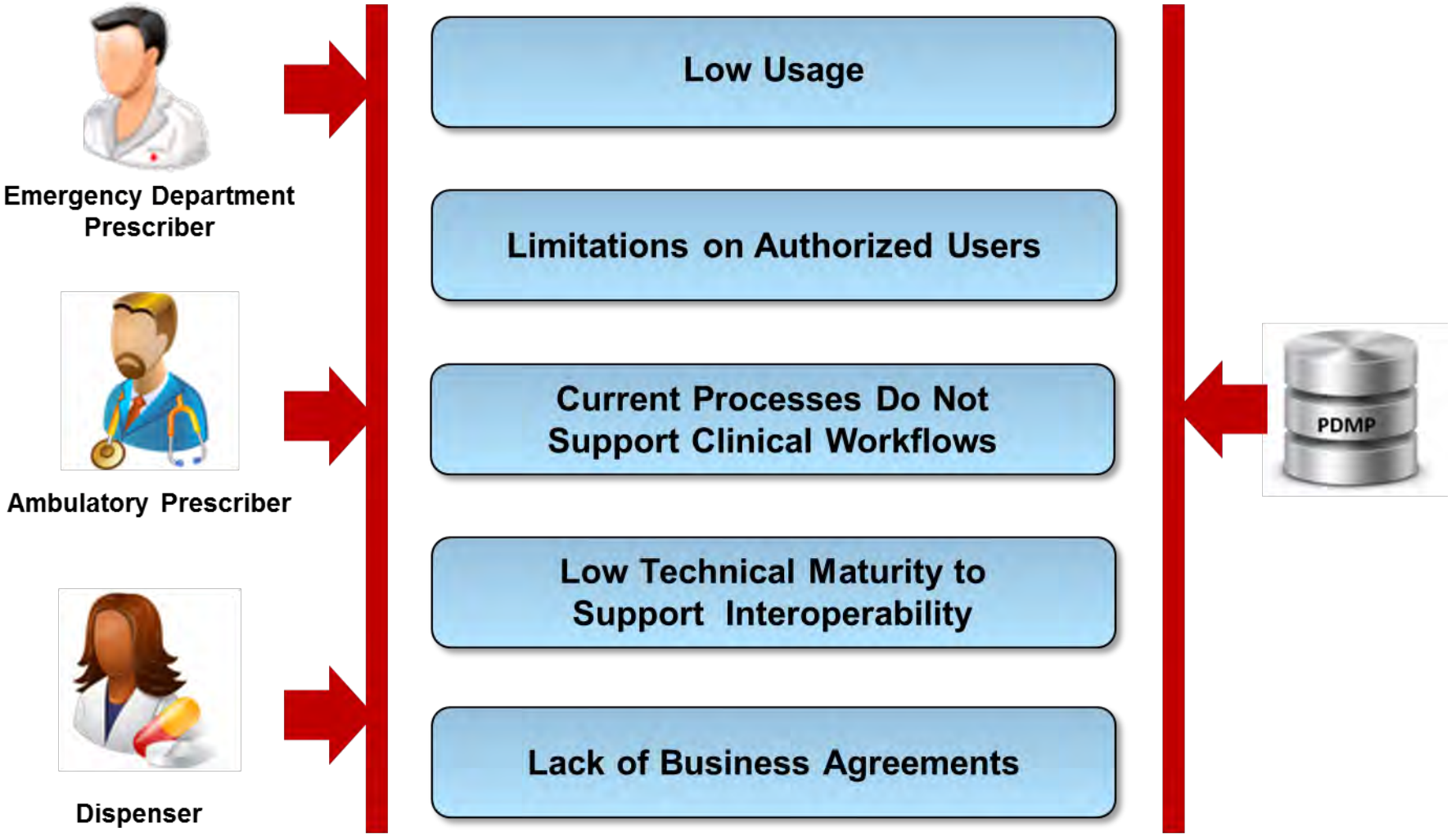
PDMP Impediments



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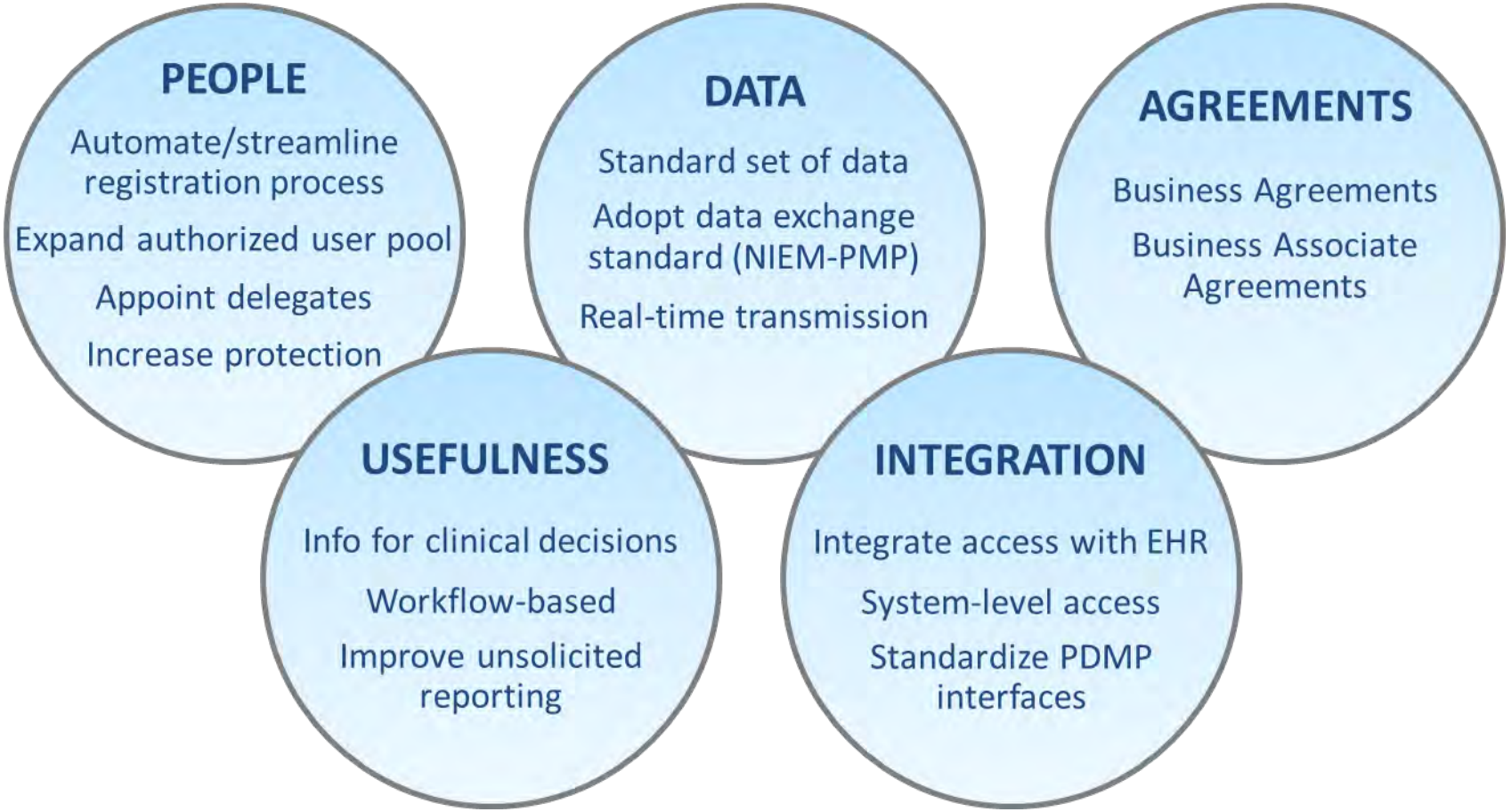
Work Group Recommendations Summary



48 Findings and 11 Products

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Pilots

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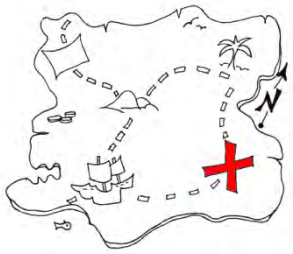
Why Pilots?

The pilot studies explored effectiveness in multiple areas:

At the point of decision-making (*timely*)



Integrated into existing clinical and health IT workflows (*placement*)

Real-time data, based on the most up-to-date data in the PDMP (*currency*)

Meaningful return of patients' prescription drug information (*essential, easily absorbed,* and *actionable*)

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Pilot States and Summary

Indiana (IN_1)	**Emergency Department**	Automated query to PDMP upon patient admission to ED PDMP data integrated into EHR

Indiana (IN_2)	**Provider**	Unsolicited PDMP reports sent via Direct

Michigan (MI)	**Provider**	Automated query to PDMP to create integrated prescription history and alerts

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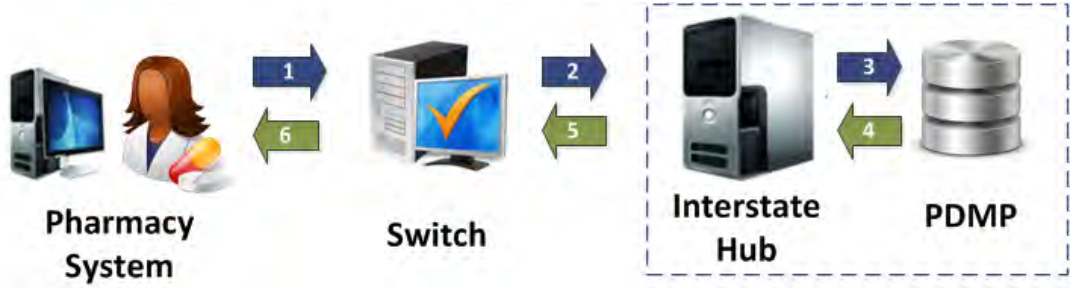
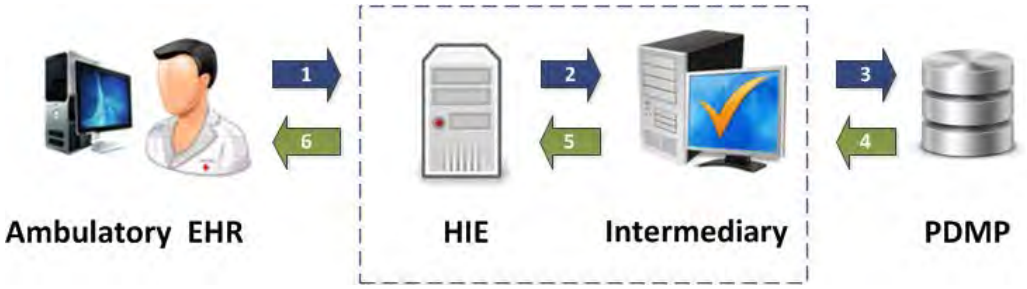
Pilot States and Summary (Cont.)

North Dakota (ND)	Pharmacy	Automated query to PDMP using an existing benefits management switch and return results to Indian Health Service pharmacy



Ohio (OH)	Provider	Automated query to PDMP upon appointment scheduling and patient check-in; patient risk score displayed in EHR



Washington (WA)	Opioid Treatment Program	Hyperlink to PDMP within EHR

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Pilot Results – Usability

98–100%

when systems were mostly

Automated

Ease of Use

Prescribers and Dispensers reported data was easier to access…

67–75%

when some actions remained

Manual

Prescribers and dispensers uniformly agreed that the

position of the new tasks

in the workflow was correct

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Pilot Results – Impact

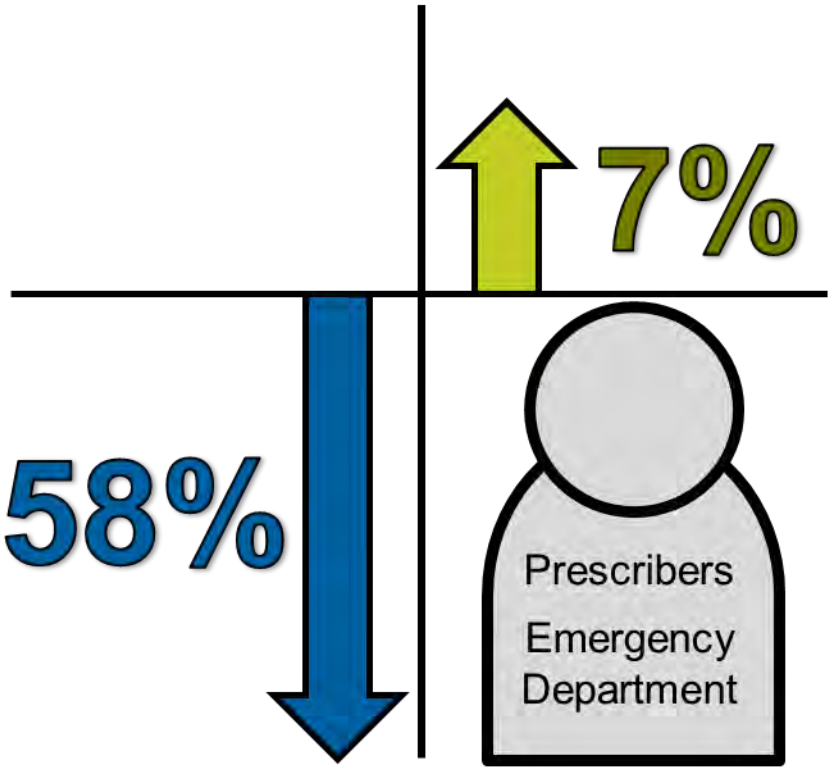
Less than

3

Multiple types

of pilot designs and technology were successful

% of responses reporting a change in prescriptions written or number of pills dispensed



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Pilot Results – Scalability

4 of 6

pilot locations are

continuing

to use the new connections to PDMP

Automation = Satisfaction

Triage helpful, but…

… full data access **visibility** and **integration** desired

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Pilot Results

- ***Immediate improvement*** **to the patient care process after connection**
- ***Streamlined the user workflows*** **by leveraging technology to enable PDMP query and processing tasks**
- **Prescribers and dispensers were the *most satisfied* with their new workflows when *technology automated* the majority of workflow tasks**

In their own words…

- ***"I have to say that this is probably one of the more genius moves of the 21st century . . . having easy access to [the PDMP] without going to a totally different website and have it pop up instantly has taken a lot of time off of decision making for me."***
  - *Emergency department physician*
- ***"Yes, much easier. Especially like being able to click on the report and be taken directly to the patient's report without having to enter the patient's name, date of birth, and zip code (this was very time consuming and sometimes prevented me from looking up the information in the past)."***
  - *Ambulatory family physician*

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Indiana/Regenstrief Story

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Pilots Expanded

Stay tuned to find all pilot reports and findings at the new

PDMP Resource Center

(coming soon)

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Pilots Expanded in Phase 2

State	End User	Pilot Summary
Illinois (IL)	Emergency Department	Automated query via HIE to PDMP upon patient admission to ED PDMP data integrated into EHR via a Direct message
Indiana (IN_3)	Emergency Department	Automated query via HIE to multiple states' PDMPs upon patient admission to ED Patient risk score and PDMP data integrated into EHR
Kansas (KS)	Providers	Unsolicited report of at-risk patients sent via Direct to EHR-integrated mailboxes
Michigan (MI)	Providers	Automated query via e-Prescribing software to multiple states' PDMPs and result integrated in patient's medication history
Nebraska (NE)	Emergency Department	Automated query via HIE to PDMP upon patient admission to ED PDMP data integrated into EHR
Oklahoma (OK)	Emergency Department	Automated query via HIE to PDMP upon patient admission to ED PDMP data integrated into EHR
Tennessee (TN)	Pharmacy	Reporting data in real-time to the PDMP from pharmacies

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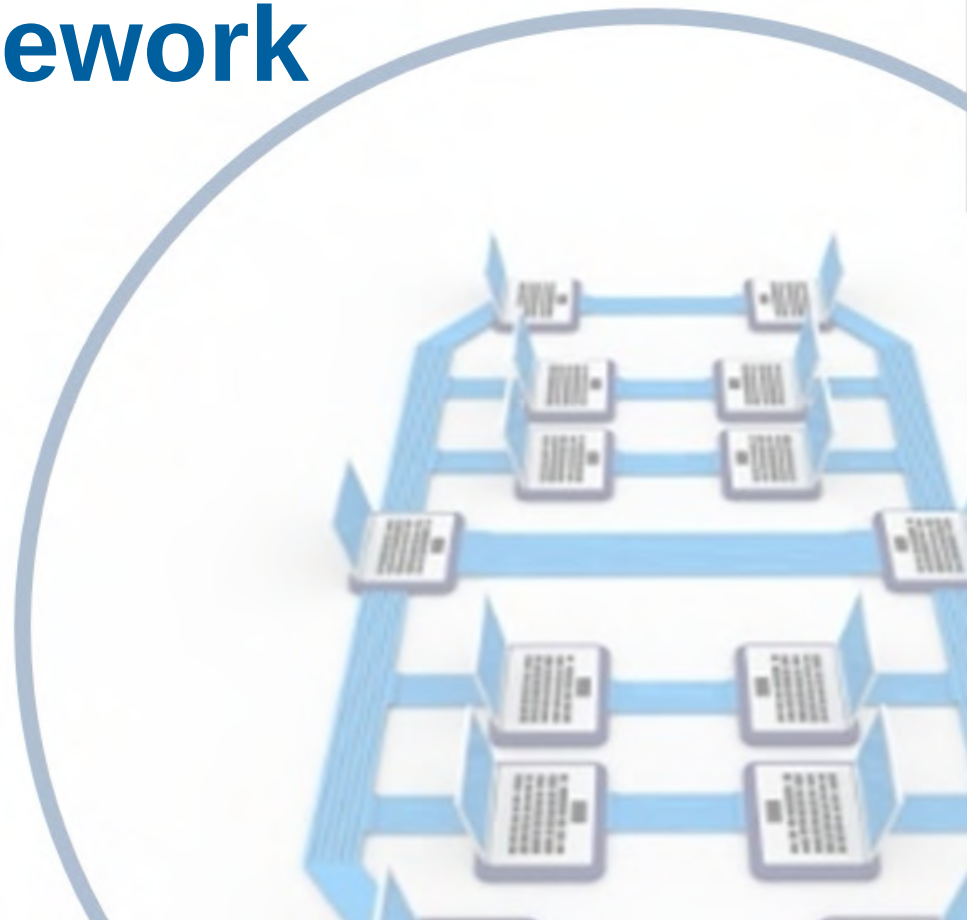
Technical Framework



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Technical Framework – Challenges

What's the problem?

- **Ease of use – PDMPs are not integrated in provider workflows**
- **Interoperability – PDMPs don't talk to other health IT**
- **Cost of operations – PDMPs cost too much to run**

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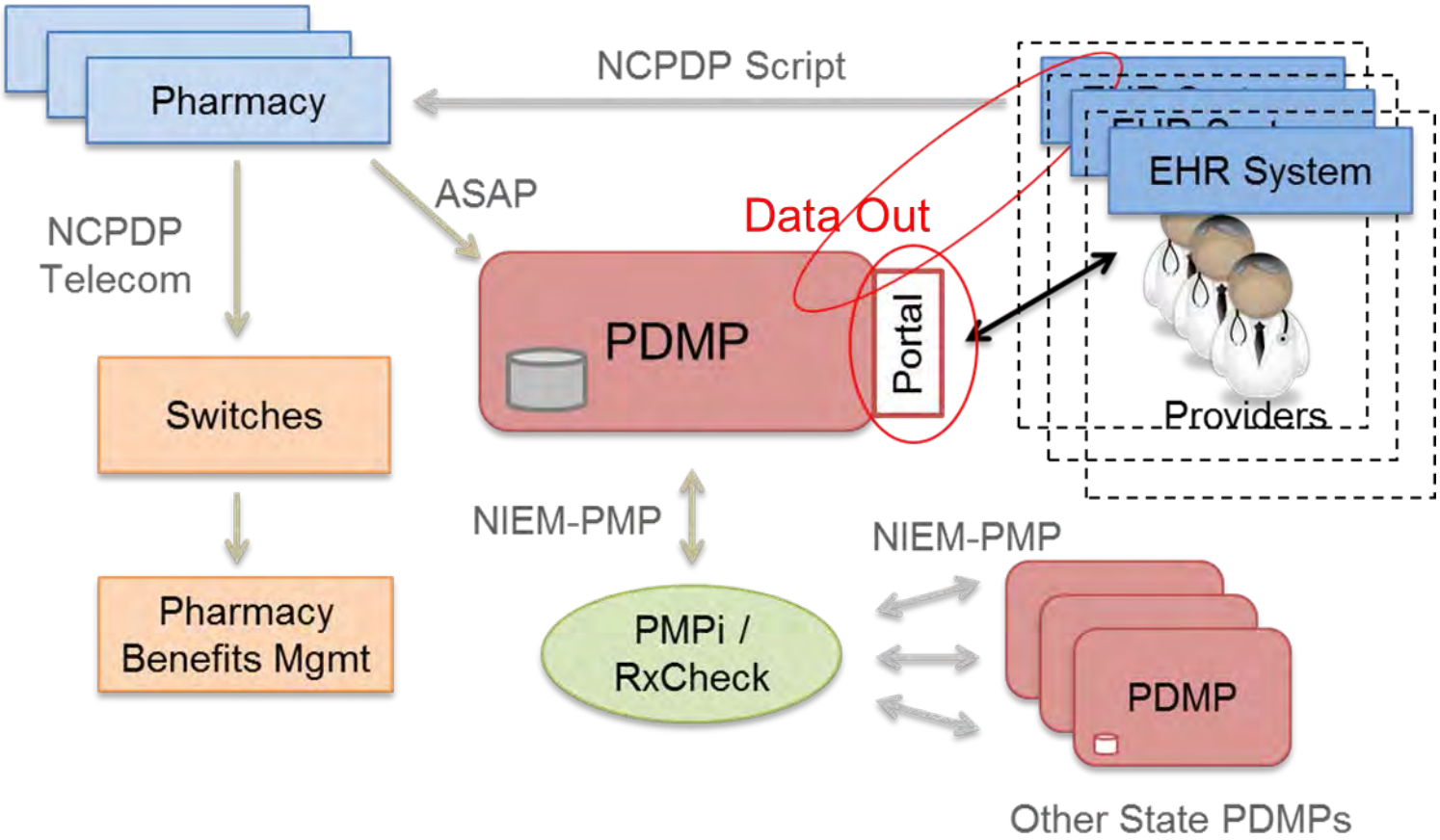
PDMP S&I Community Focus/Scope

- **Need for standards:**
  - Data format and content, transport and security protocols



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PDMP S&I Initiative

Goal
Establish standards to facilitate information exchange

Method
Healthcare systems automatically query PDMP services to locate patient prescription information

Community Engagement
Continue to engage healthcare, health IT, and PDMP community in standards discussions

S&I FRAMEWORK

62 people signed up

Google

28 posts

60 active participants on calls

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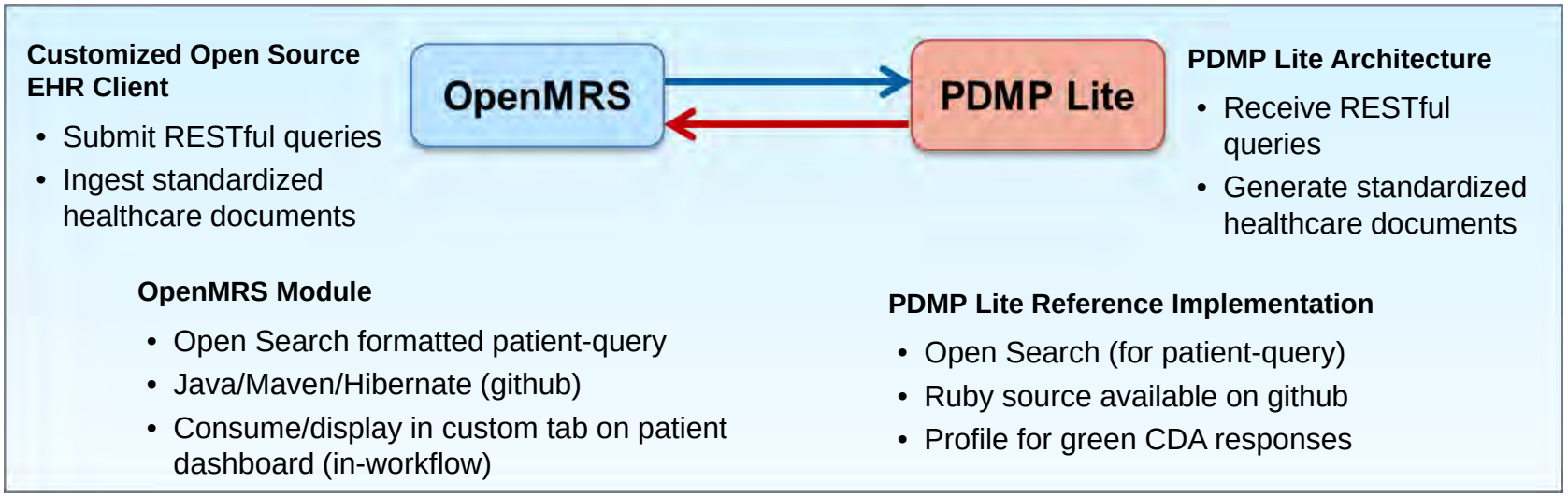
PDMP/EHR Exchange Reference Implementation

- **Demonstration of EHR querying PDMP using Internet / healthcare standards and protocols**
- **Next Steps**
  - Replace one or both ends with EHR and/or PDMP vendors
  - Demonstrate a reference implementation in live setting



Enable interoperability between HIE/EHR vendors and PDMP vendors

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Articulating a Compelling Vision

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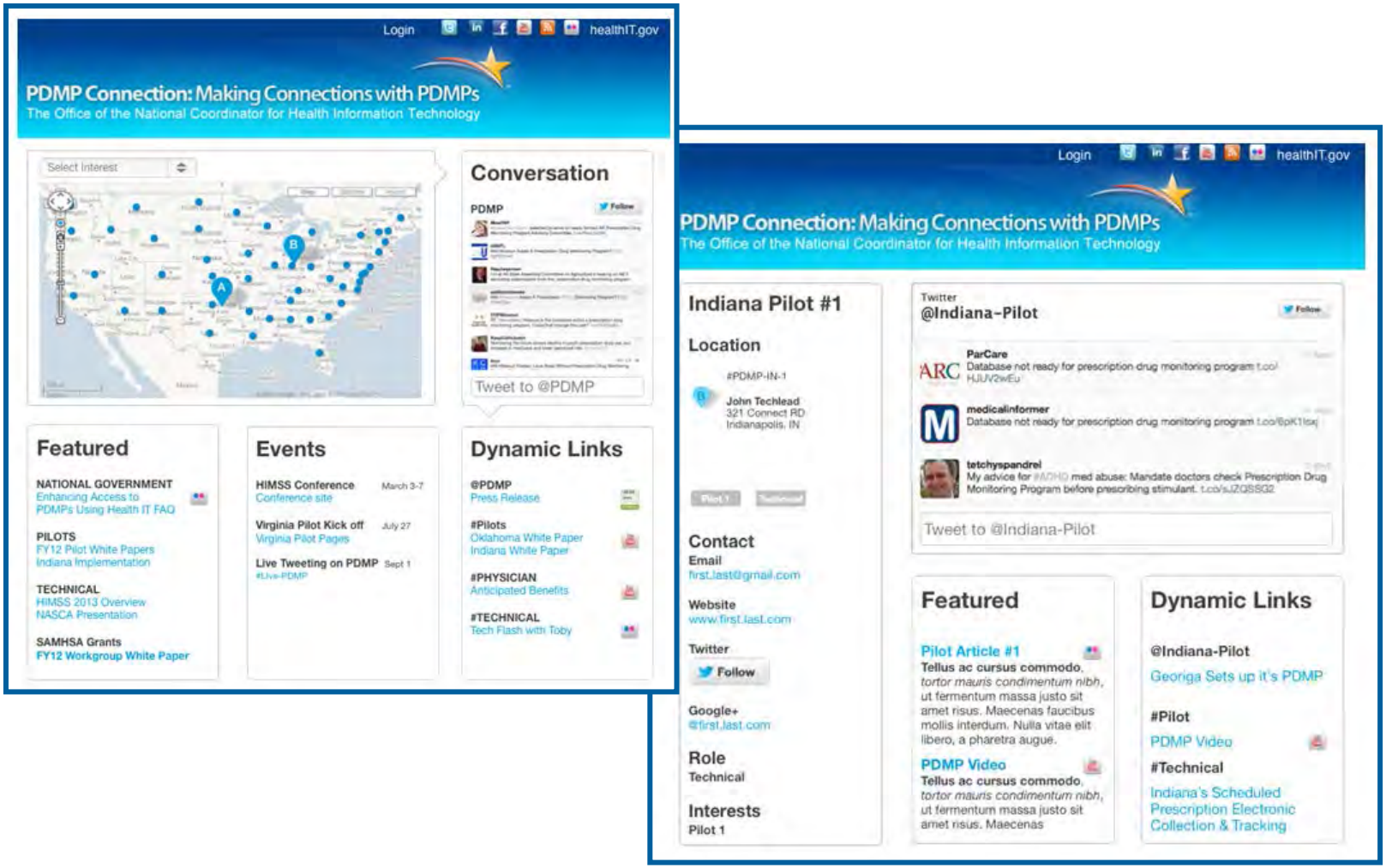
PDMP Resource Center



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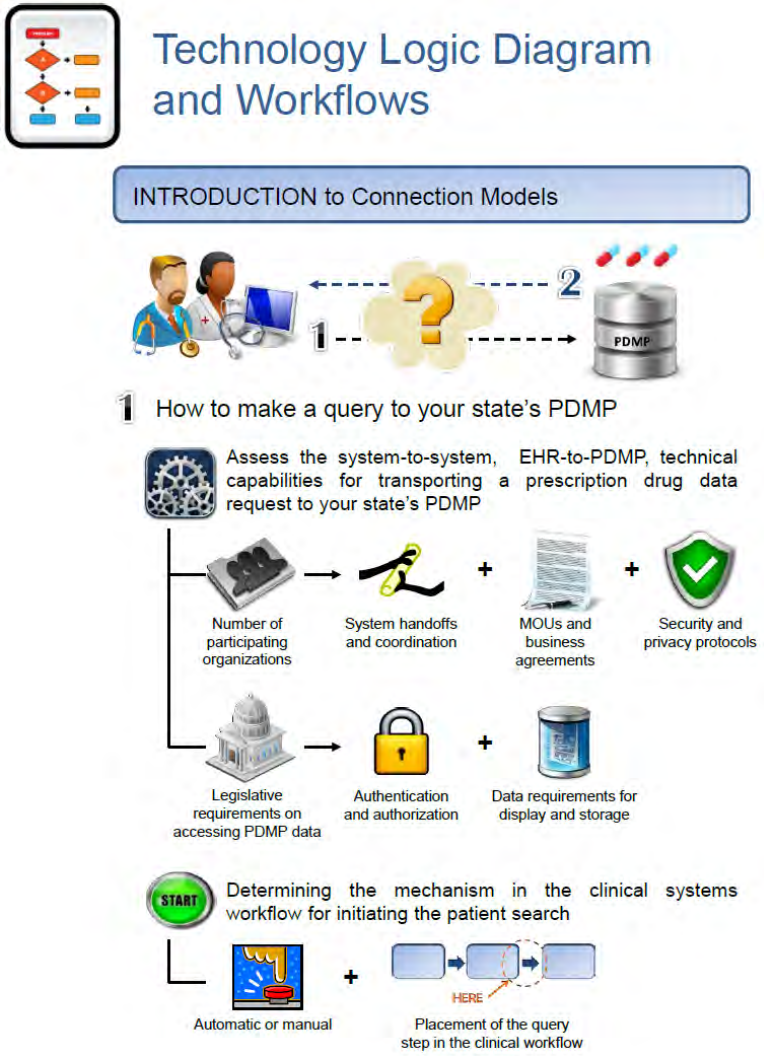
Roadmap Workflows

- **Goals**
  - To connect and engage stakeholders
  - Accelerate adoption and use of PDMPs
- **Key features**
  - Models the connection
  - Technology workflows
  - Project plan
  - Implementation
  - Evaluation and optimization



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In Summary…

Questions or Comments?

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