



The Office of the National Coordinator for  
Health Information Technology  
Health IT Advisory Committee

# The ONC Guide to Getting and Using your Health Records

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# Consumer Access Trends

- Half of Americans in 2017 reported they were offered access to an online medical record by a provider or insurer.
- Over half of individuals who were offered online access viewed their record with the past year.
- Eight in 10 of the individuals who viewed their information rated their online medical records as both easy to understand and useful for monitoring their health.
- However, almost half of Americans in 2017 who were offered access to an online medical record did not access their record, frequently citing a perceived lack of need as one of the reasons for not accessing their record.

# Introducing a New Consumer Resource

- On April 4<sup>th</sup>, ONC released a new resource “[The Guide to Getting and Using your Medical Records](#)”
- The ONC Guide to Getting and Using your Health Records supports the 21st Century Cures Act goal of empowering patients and improving patients’ access to their electronic health information
- It also supports the [MyHealthEData initiative](#), a new White House Office of American Innovation Initiative to empower patients by giving them control of their healthcare information.



**You have a right  
to your health record**  
**Learn how to get it!**

The Office of the National Coordinator for  
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<https://www.healthit.gov/how-to-get-your-health-record/>

# Next Steps



**You have a right to your health record.**



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- We are asking health systems and organizations to share the resource through their networks
- We are outreaching to stakeholders to ask them to post the associated [web badge](#)



## Thank you!

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