# CMS Opioid Strategy

Center for Medicare & Medicaid Innovation (CMMI) Centers for Medicare & Medicaid Services (CMS)



### The CMS Innovation Center Statute

• "The purpose of the [Center] is to test innovative payment and service delivery models to reduce program expenditures...while preserving or enhancing the quality of care furnished to individuals under such titles."

Three scenarios for success from Statute:

- 1. Quality improves; cost neutral
- 2. Quality neutral; cost reduced
- 3. Quality improves; cost reduced (best case)

If a model meets one of these three criteria and other statutory prerequisites, the statute allows the Secretary to expand the duration and scope of a model through rulemaking.



### CMS Roadmap to Address the Opioid Epidemic

#### PREVENTION



Significant progress has been made in identifying overprescribing patterns

- Identify and stop overprescribing of opioids
- Enhance diagnosis of OUD to get people the support they need earlier
- Promote effective, non-opioid pain treatments

#### TREATMENT

Medicare, Medicaid, and private health plans provide some coverage for pain and opioid use disorder treatments

- Ensure access to treatment across CMS programs and geography
- Give patients choices for a broader range of treatments
- Support innovation through new models and best practices

#### DATA



Data provides insight into doctor, pharmacy, and patient use of prescription opioids and effectiveness of treatment

- Understand opioid use patterns across populations
  - Promote sharing of actionable data across continuum of care
- Monitor trends to assess impact of prevention and treatment solutions

https://www.cms.gov/About-CMS/Agency-Information/Emergency/Downloads/Opioid-epidemic-roadmap.pdf



### Key Barriers to Quality Care



#### **Limited Access**

Many women with OUD lack access to comprehensive services during pregnancy and the postpartum period



#### **Fragmented Care**

Even with covered services, providers and systems caring for this population rarely integrate or coordinate effectively



#### **Provider Capacity**

Available providers are lacking to treat pregnant and postpartum women with OUD covered by Medicaid



# **Innovation Center Efforts**



# Integrated Care for Kids (InCK) Model

#### EXISTING CHALLENGES

**Risk factors** for behavioral health challenges start early in life

Child health services **exist in silos; late diagnoses** are often treated in **higher cost settings** 

Limited infrastructure investments to coordinate across sectors and develop pediatric APMs

#### MODEL INTERVENTIONS

**Early identification** of health related needs and risk factors by assessing children's needs

Integrated care coordination and case management of physical, behavioral, and other health services

Funding and support for development of **state-specific APMs** and infrastructure

#### MODEL GOALS

Improve performance on priority measures of child health, like mental illness and substance use disorder

**Reduce rates of OOHP** and avoidable inpatient stays

Align payment to quality and outcomes to drive child health transformation



### InCK

The **Integrated Care for Kids (InCK) Model** is a childcentered *local service delivery* and *state payment model* aimed at **reducing expenditures** and **improving the quality of care** for children covered by Medicaid and CHIP, especially those with or at-risk for developing significant health needs.

#### Goals:



Improving performance on priority measures of child health 2 Reducing avoidable inpatient stays and out-of-home placements





Creation of sustainable Alternative Payment Models (APMs)

Up to 8 cooperative agreement awards anticipated Summer 2019



## Maternal Opioid Misuse (MOM)Model

#### EXISTING CHALLENGES

Lack of coordination and integration of care for pregnant and postpartum women with opioid use disorder (OUD)

OUD in pregnancy increases the risk of poor maternal and neonatal outcomes, including NAS

CMS disproportionately shoulders the cost for pregnant and postpartum women with OUD and their infants

#### MODEL INTERVENTIONS

Invest in institutional and organizational capacity to address key challenges in the provision of integrated and coordinated care

Support the delivery of integrated physical health care, behavioral health care, and care coordination services

Encourage the use of existing Medicaid flexibility to support sustainable care for the model population

#### MODEL GOALS

Expand state and service delivery capacity and infrastructure based on statespecific needs

Improve quality of care and reduce costs for pregnant and postpartum women with OUD and their infants

Create sustainable coverage and payment strategies that support continued coordinated and integrated care



# MOM

The MOM model is a **patient-centered**, **servicedelivery model**, which aims to **improve the quality of care** and **reduce costs** for pregnant and postpartum Medicaid beneficiaries with OUD and their infants through **state-driven care transformation**.



#### **Goals:**



Improve quality of care and reduce costs

2 Expand access to treatment, service-delivery capacity, and infrastructure



Create sustainable coverage and payment strategies

Up to 12 cooperative agreement awards anticipated Fall 2019



### Other Areas of Development

- Medicare Coverage of Treatment
- Alignment with the SUPPORT for Patients and Communities Act.

https://www.congress.gov/bill/115th-congress/house-bill/6/text#toc-H9D7574882AB84167B6608F2E10DB6F82

